



Newsletter

No.29 - 5th May 2017

FAIRTRADE Award

We are delighted to have been awarded our second FAIR achiever award to recognise the work we do to raise awareness in our community. The assessors commented: "This brilliant work is just the kind of thing that enables students to think about inequalities in the world ..."



Mindfulness Reminder

There will be a workshop for parents on mindfulness on 27th June 2017 at 1.30pm in the school hall. Please see attached letter. Please let Mrs Scott in the School Office know if you will be attending. An email reply is sufficient.

This workshop will be of particular interest to our Reception and Year 1 parents as the children will be participating in the programme next year.

Walk to School Week

Next week we will be operating our token scheme again. Each morning if your child walks, does park and stride* or a car share** they can take a token to contribute to the class total. The winning class will have a little treat.

*Park and stride is when you park further away than Howard Road and walk the rest of the way

**Car share is when 2 families use 1 car

Our School Fund

Thank you to everyone who has contributed to the School Fund this term. This will enable us to buy in a variety of workshops and specialist visitors, pay for cooking ingredients and party food and many other things besides. If you have not yet contributed we would be most grateful if you could send in your donation. The suggested amount is £15 per term per family.



Sainsburys' Vouchers

Please send any remaining vouchers to school, as soon as possible, so that we can order lots of fun equipment for playtime.

Tesco Award - Reminder

At the start of 2017 we applied for funding from Tesco's 'Bags of Help' scheme, which offers support to those setting up community projects that promote outdoor activities. Our Forest School activities fits perfectly and we have just found out that we are one of 3 successful projects in our region that will go forward to a vote in Tesco stores, where customers can vote for their favourite project each time they shop.

Voting takes place throughout May and June and the project with the highest number of votes will receive up to £4,000. The second placed project will receive up to £2,000 and the third placed project £1,000.

We would love to get as many votes as possible and ask that if you, your family or friends shop at any of the following stores please vote for the Forest School project at Polesden Lacey Infant School. Hopefully, with everyone's support we will have some good news by the end of term!

The stores taking part in the vote are: Leatherhead Superstore; Craddocks Ashted Express; Epsom Station Express; Epsom Horton Express; Epsom Ruxley Lane Express and Ewell Express.

Many thanks in advance for your help with this exciting project.

Our Baby Elephant

The children were delighted to watch the video about the rescue of Ndotto. He is the baby elephant that we are sponsoring with the money raised on Elephant Day. If you would like to watch this video at home go to www.davidsheldrickwildlifetrust.org. On the home page go to video clips/Ndotto, a new born baby elephant is rescued.

Reminder - Sun Hats

Legionnaire style sun hats **must** be at school every day in the Summer Term. Please ensure they are clearly labelled. Hats are available from the office for £3.50 each.



Plastic Bottles

Thank you for sending in your plastic bottles we now have enough to complete our gardening activities.

Forthcoming Dates Reminder

Monday 8 th May	3 – 4pm Netball and Multi Sports Club
Tuesday 9 th May	Judo Club 3 – 3.45pm Tennis club (outside)
Wednesday 10 th May	Year 2 trip to British Wildlife Centre Rabbit Parents Lunch – booking already taken 3 – 3.45pm Tennis club
Thursday 11 th May	3 – 4pm Lego club
Friday 12 th May	Perform Workshops for all classes during the school day 3pm – 4pm Musical Theatre Club
Monday 15 th May	3 – 4pm Netball and Multi Sports Club
Tuesday 16 th May	Judo Club Year 1 trip to WWF at Woking 3 – 3.45pm Tennis club
Wednesday 17 th May	3 - 3.45pm Tennis club (outside)
Thursday 18 th May	Reception class trip to Nower Wood 3 – 4pm Lego club
Friday 19 th May	3pm – 4pm Musical Theatre Club



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South East Educational Psychology
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Dear Parent,

Surrey Educational Psychology Service are going to be working with your child's school over the next few months to develop mindfulness-based practices in school. We will be giving an introduction to mindfulness to staff and parents and we will introduce school staff to a Mindfulness-based programme called MindUP. The MindUP programme explores social, emotional and self-regulation strategies and skills which focus on wellbeing. Using these strategies, the children can learn to enjoy the present moment, be more aware of their own thoughts and feelings and to feel more in control of their own behaviour. The programme consists of 15 lessons taught by the class teacher after which the skills the children have learnt will be integrated across the curriculum.

We would like to invite you to an information session on Mindfulness-based approaches so that you are aware of what your child is learning at school and can help them to be 'mindful' at home too.

The main aims for the session are to gain an understanding of:

- What mindfulness-based approaches and why they are important
- The benefits and limitations of mindfulness
- What is MindUP
- How you may practice mindfulness-based activities with your child

This will take place on Tuesday 27th June 2017 at 1.30pm - 2.55pm. Please complete the tear off slip below and return to the School Office to confirm your attendance. Please note an email reply is sufficient.

Kind regards,

Hannah Warwick
Assistant Educational Psychologist

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MINDFULNESS SESSION FOR PARENTS ON TUESDAY 27TH JUNE

Parents name and class

I would like attend the mindfulness session on Tuesday 27th June 2017 from 1.30 pm – 2.55pm