



Newsletter

No.31 - 19th May 2017

Recycling Challenge - We have all brought in our recycling sheets have you?

Thank you very much for the large number of returned forms. We are still hoping to win the £500 but do need 100% participation to have a chance. It only takes a few minutes to complete the sheet. The Wastebusters website provides really helpful information about what can be recycled for home refuse collection too. If you log on there you might win an ipad for your family too!



We have filled ours in have you?

Mindfulness Reminder

There will be a workshop for parents on mindfulness on 27th June 2017 at 1.30pm in the school hall. Please see attached letter. Please let Mrs Scott in the School Office know if you will be attending. An email reply is sufficient.

This workshop will be of particular interest to our Reception and Year 1 parents as the children will be participating in the programme next year.

Rabbit Class Parent Lunch

Everyone enjoyed a delicious roast dinner provided by Jacky and Wendy when Rabbits invited their parents to lunch last week.



Sun safety

Sunhats

Thank you to all parents who have provided legionnaire style sunhats. There are still a few children who are not bringing their hats each day. We will keep a bank of hats in school in future that can be signed out from the office. However it would save time for office staff if children could bring their own hats each day. Many thanks for your help to keep everyone safe in the sun.

Sun cream

On hot sunny days the school will assume that children are wearing 'all day' sun cream.

Tesco Shopping Tokens Reminder

A reminder that we are hoping to get lots of votes to win the Tesco award for our forest schools project. You can do this by shopping at: Leatherhead Superstore; Craddocks Ashted Express; Epsom Station Express; Epsom Horton Express; Epsom Ruxley Lane Express and Ewell Express.

Voting takes place throughout May and June and the project with the highest number of votes will receive up to £4,000. The second placed project will receive up to £2,000 and the third placed project £1,000.

We would love to get as many votes as possible and ask that if you, your family or friends shop at any of the following stores please vote for the Forest School project at Polesden Lacey Infant School. Hopefully, with everyone's support we will have some good news by the end of term!

Please note that you do have to ask for a token at the checkout as they do not automatically give you one.

Breakfast Club - Reminder

Breakfast club will run on Monday, Wednesday, Thursday and Friday in September. If you wish to secure a place for your child in this club please complete and return the attached form to the School Office as soon as possible.

News from the Friends' Committee

Please take time to read the Friends' Newsletter which arrived in your inbox yesterday! Please also find below a couple of reminders:

Village Day: The theme for this year's Village Day on Saturday 17th June is the Space Age. The children will be making their costume accessories at a making afternoon on 14th June and will need to bring home their PE kits on Friday 16th June to wear in the parade. Please get in touch if you would like to help us with the preparations for Village Day. Look out for a letter with more details, as well as a request for a £1 contribution to materials, in your children's book bags. Thank you in advance for your support.

Summer Fair Poster Competition Please encourage your child to design a poster to advertise our Summer Fair. Their colourful design should be on white A4 paper, portrait style. The child's name should be written on the back in pencil. The deadline for entries is Friday 9th June.

And finally, our adjusted total for Quiz Night is an impressive £415 so thank you again to all those who participated!

The Friends' Committee

Sainsburys' Vouchers

Please send any remaining vouchers to school, as soon as possible, so that we can order lots of fun equipment for playtime.

Forthcoming Dates Reminder

Monday 22 nd May	3 – 4pm Netball and Multi Sports Club
Tuesday 23 rd May	Judo Club 3 – 3.45pm Tennis club
Wednesday 24 th May	3 - 3.45pm Tennis club
Thursday 25 th May	9.15am Rabbit Class Open Assembly – all parents and carers are welcome 3 – 4pm Lego club
Friday 26 th May	3pm – 4pm Musical Theatre Club

HALF TERM - Monday 29th May – Friday 2nd June inclusive

Monday 5 th June	3 – 4pm Netball and Multi Sports Club
Tuesday 6 th June	Judo Club 3 – 3.45pm Tennis club
Wednesday 7 th June	3 - 3.45pm Tennis club
Thursday 8 th June	3 – 4pm Lego club
Friday 9 th June	3pm – 4pm Musical Theatre Club



Tel: 01737 737777
Fax: 01737 737227

South East Educational Psychology
Service
East Area Office
Consort House
5-7 Queensway
Redhill
Surrey
RH1 1YB

Dear Parent,

Surrey Educational Psychology Service are going to be working with your child's school over the next few months to develop mindfulness-based practices in school. We will be giving an introduction to mindfulness to staff and parents and we will introduce school staff to a Mindfulness-based programme called MindUP. The MindUP programme explores social, emotional and self-regulation strategies and skills which focus on wellbeing. Using these strategies, the children can learn to enjoy the present moment, be more aware of their own thoughts and feelings and to feel more in control of their own behaviour. The programme consists of 15 lessons taught by the class teacher after which the skills the children have learnt will be integrated across the curriculum.

We would like to invite you to an information session on Mindfulness-based approaches so that you are aware of what your child is learning at school and can help them to be 'mindful' at home too.

The main aims for the session are to gain an understanding of:

- What mindfulness-based approaches and why they are important
- The benefits and limitations of mindfulness
- What is MindUP
- How you may practice mindfulness-based activities with your child

This will take place on Tuesday 27th June 2017 at 1.30pm - 2.55pm. Please complete the tear off slip below and return to the School Office to confirm your attendance. Please note an email reply is sufficient.

Kind regards,

Hannah Warwick
Assistant Educational Psychologist

✂-----

MINDFULNESS SESSION FOR PARENTS ON TUESDAY 27TH JUNE

Parents name and class

I would like attend the mindfulness session on Tuesday 27th June 2017 from 1.30 pm – 2.55pm