



Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



Monday

Tuesday



Wednesday

Thursday

Friday

Option 1

Ricotta & Mozzarella Filled Ravioli in Tomato Sauce

Beef Burger in a Bun with Oven Chips

Roast Chicken with Roast Potatoes & Gravy

Sweet & Sour Pork with Noodles

Fish Fingers with Potato Tots

Option 2

Meat-Free Glamorgan Sausage with Potato Wedges

Southern Style Meat-Free Burger in a Bun with Oven Chips

Quorn Fillet with Roast Potatoes & Gravy

Mac 'n' Cheese with Wholemeal Garlic Bread

Veggie Burrito

Vegetables

Green Beans Carrots

Garden Peas Sweetcorn

Cauliflower Carrots

Sweetcorn Broccoli

Baked Beans Garden Peas

Dessert

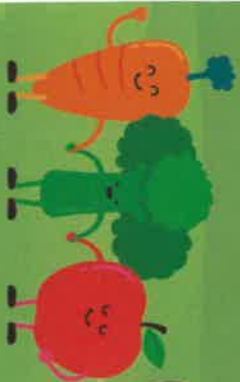
Banana Pancakes

Mixed Berry Mousse

Cheese & Biscuits with Apple Slices

Fruit Yoghurt

Chocolate & Beetroot Brownie with Whipped Creme Fraiche



Reduced sugar and salt recipes



Free for everyone in Reception, Year 1 and 2

Unlimited freshly baked bread and vegetables, crudités or salad bar every day

Look out for these symbols on our healthy choices

- Vegetarian
- Oily Fish
- Wholegrain
- Fruity



We only use fish from sustainable sources.



Twelve 15



Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October

Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday



Friday



Option 1

Wholemeal
Pasta Bake

BBQ Chicken
with Rice

Roast Turkey Teddy
Meatloaf with Roast
Potatoes & Gravy

Minced Beef &
Vegetable Pie with
New Potatoes & Gravy

Salmon Fish Fingers
with Oven Chips

Option 2

Meat-Free Chilli
Topped Wedges

Sweet Potato Whirl
with Rice

Quorn Fillet
with Roast Potatoes
& Gravy

Meat-Free Veggie Balls
in Cheese & Tomato
Sauce with Wholemeal
Pasta

Meat-Free Sausage &
Tomato Roll
with Oven Chips

Vegetables

Coleslaw
Broccoli

Sweetcorn
Garden Peas

Carrots
Cabbage

Green Beans
Sweetcorn

Baked Beans
Garden Peas

Dessert

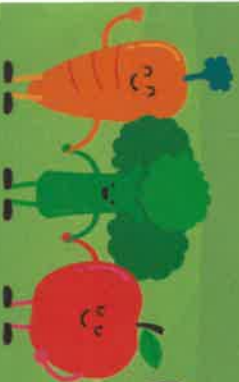
Fruit Yoghurt

Apple Muffin with
Whipped Creme
Fraiche

Strawberry Mousse

Fresh Fruit Salad

Waffle with Peaches
& Whipped Creme
Fraiche



LOW
SALT

Reduced sugar
and salt recipes

LESS
SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudités or
salad bar every day

Look out for these symbols
on our healthy choices
Vegetarian
Oily Fish
Fruity
Wholegrain



We only use fish
from sustainable
sources

Cherry Runways
Junior



Designed by Twelve 15
Favourites

Twelve 15

Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October



Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday



Friday



Option 1

Cheese & Tomato Pizza
with Potato Tots

Pork Sausages
with Creamed Potato
& Gravy

Roast Pork
with Roast Potatoes
& Gravy

Wholemeal Pasta
Beef Bolognese

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Plant Based Sausage
Roll with Potato Tots

Meat-Free Sausage
with Creamed Potato
& Gravy

Quorn Fillet
with Roast Potatoes
& Gravy

Ricotta Cheese &
Spinach Wholemeal
Ravioli in Tomato Sauce

Garden Vegetable
Goujons
with Oven Chips

Vegetables

Coleslaw
Garden Peas

Sweetcorn
Green Beans

Carrots
Broccoli

Medley of Vegetables

Garden Peas
Baked Beans

Dessert

Shortbread Biscuit

Fruit Yoghurt

Orange & Mandarin
Jelly with Whipped
Creme Fraiche

Fresh Fruit Salad

Vanilla Ice Cream

LOW
SALT

Reduced sugar
and salt recipes

LESS
SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudites or
salad bar every day

Look out for these symbols
on our healthy choices

Vegetarian
Wholegrain
Oily Fish
Fruity



We only use fish
from sustainable
sources



Designed by Twelve 15
Favourites

